

# SAFETY FOR INDEPENDENT LIVING

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A personal safety course where people learn lifeskills that empower them to make safe choices and caring & respectful decisions in their everyday lives both online and offline

### COURSE CONTENT



BASIC FIRST AID, FIRE SAFETY & EMERGENCY vs. NON-EMERGENCY



BEING ASSERTIVE & BULLYING



PEOPLE SAFETY, GETTING HELP, TRICKY PEOPLE & SAFE STRANGERS



ONLINE SAFETY, ROAD SAFETY & MORE

DATE & TIME:  
April 24th-27th 2023  
5:30-7:30 pm

LOCATION:  
Virtual (ZOOM) -link will be sent upon completion of registration

COST:  
\$55.00 - Passport Funding Admissible

CONTACT TO REGISTER:  
Karenda Carpenter  
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