Halton Sexual Confidence Virtual Workshop CENTRAL WEST SPECIALIZED DEVELOPMENTAL SPECIALIZED DE

- Formerly Halton Sex Esteem -Presented by the Halton Sexual Health Network



Developing Healthy Relationships & Sexual Awareness

This 6 week, virtual workshop provides opportunities to discuss sexuality in an open, light hearted way using visual, tactile and interactive learning strategies. It will foster communication about sexuality and relationships between adults with a developmental disability and the people who support them, all while providing tangible skills and materials to promote healthy sexuality.

Train the Trainer Session!

June 2 - July 7, 2022 - 10:30am - 12:00pm

Six 1.5 hour sessions & all course materials included!

\$100

To Register or For More Information Please Contact: Kate Matos 905 208 8485 or kmatos@cwsds.ca

Topics Include:

- Street Smarts
- rts Internet
- Healthy
- Safety
- Relationships
 - Sexual
- Dating
- Assault
- Caracast
- ASSault
- Consent & Boundaries
- Parts of the body



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Developing Healthy Relationships & Sexual Awareness

Train the Trainer Registration Information:

Participant Name:	
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hone Num	ber:
Special	l Considerations We Should Be Aware Of:
Dea	af/Hard of Hearing
Vis	ual Impairment
Oth	ner:
	Payment Method:

Send Registration forms to Kate Matos at kmatos@cwsds.ca

