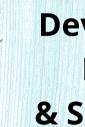
Halton Sexual Confidence Virtual Workshop - Formerly Halton Sex Esteem CENTRAL OF SPECIAL DEVELOPMENT OF SPECIAL DEVELOPMENT OF SERVICE OF SER

Presented by the Halton Sexual Health Network



Developing Healthy Relationships & Sexual Awareness

This 6 week, virtual workshop provides opportunities to discuss sexuality in an open, light hearted way using visual, tactile and interactive learning strategies. It will foster communication about sexuality and relationships between adults with a developmental disability and the people who support them, all while providing tangible skills and materials to promote healthy sexuality. (I hour weekly/6 weeks)

Upcoming Dates:

Wednesday's: May 4 - June 8, 2022 - 1:00 - 2:00pm Thursday's: Oct. 6 - Nov. 10, 2022 - 6:30 - 7:30pm Tuesday's: Feb. 7 - March 14, 2023 - 10:00 - 11:00am

To Register or For **More Information Please Contact: Kate Matos** 905 208 8485 or kmatos@cwsds.ca

Topics Include:

- Street Smarts
- Internet
- Healthy
- Safety

- Relationships
- Sexual
- Dating
- Assault
- Consent & Boundaries
- Parts of the
 - body



It is recommended that participants attend with a support worker. (If a support worker is not accompanying participant, please let us know at registration.) Together they will form teams that playfully encourages everyone to develop sexuality confidence.

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Developing Healthy Relationships & Sexual Awareness

Registration Information:

Send Registration forms to Kate Matos at kmatos@cwsds.ca

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