
MISSION STATEMENT

To provide non-emergency respite for the families and caregivers of persons with developmental disabilities. We endeavour to ensure that our guests have a safe, healthy and enjoyable stay.

ABOUT THE PROGRAM

The Respite Program is a two level home which is located at Central West Specialized Developmental Services in Oakville. We service Waterloo, Wellington, Dufferin, Peel and Halton Regions. Our Respite Program serves individuals ages five to senior who require a variety of supports from physical to behavioural supports. We do not provide service to individuals who are medically fragile as we do not have nurses/doctors available. The Respite program is wheel chair accessible. Each individual has their own bedroom while visiting.

The Respite Program services up to 8 children at a time.

The Respite program is an overnight program. The cost of the program is \$80 per calendar day.

Approximately, two weekends every quarter are designated for children, along with designated weeks in the summer and March break. Visits are pre-scheduled by the manager.

The Respite program is available 360 days a year and is closed for five days over the Christmas holiday.

Children, who have complex and challenging behaviours, will have access to our clinical team to allow the facilitation of Behaviour Therapist observation, evidence based treatment plan development and implementation.

The goal of the program is to develop a clinical program which increases behaviours that are socially meaningful and to decrease challenging behaviours that affect learning and are harmful to others, the person, and/or the environment. The clinical program will be based on the principles of applied behaviour analysis (ABA) which is committed to teaching skills that are practical, effective and can generalize to other responses, people, or settings.

OUR STAFF

We have a qualified team who are certified in Pharmacology, Safe Management Behavioural Crisis training, First Aid and CPR. The staff have experience in supporting individuals with moderate to severe behavioural issues, physical disabilities with assistive devices, staff have training in G-tube feeding and seizure protocols.

Our current staffing levels are four staff on days, four staff on afternoons and one overnight staff.

ACTIVITIES

Our Respite Program is recreational based. The program offers Wi-Fi for use by individual at the program. We offer many different types of activities on the property (indoors and outdoors) as well in the community. There is an enclosed patio area for all to enjoy. Individuals accessing the program may

also enjoy activities provided by C.W.S.D.S and The Family Association such as holiday themed dances, socials, BINGO, Zumba and much more.

Activities many include Arts & Crafts, baking, Snoezelen room, movies, walks, picnics, local parks, trampoline, swimming and much more. We have wheelchair vans available for outings into the community. Some examples of community outings have included trips to The Toronto Zoo, Ripley's Aquarium, African Lion Safari, Niagara Falls and The Butterfly Conservatory.

RESPITE PROGRAM ACCESS PROCESS

UNDER 18 When the Respite Program receives the completed C.W.S.D.S admissions/application package staff will contact the parent/guardian to invite them to an information session which includes a tour of the program. Forms are provided during the information session. When all forms are completed and received, the staff will contact the parent/guardian to set up a first overnight visit. Once all the necessary steps are successfully completed they will be scheduled into the dates available for children overnights.

Information is available on our website: www.cwsds.ca

Please contact the Respite team at **(905)844-7864 ext 241 to confirm your attendance at an information session. A team member will request some information such as Name of Attendee, Name of Child/Adult interested in attending, number of people attending the information session, contact phone number.

Information Sessions:

This is the first step in the acceptance process to the Respite program. Each session includes a brief slide presentation about the program, review of the forms required to be completed, a tour of our Respite program and the next steps in the process to setting up the first overnight visit.

All information sessions are held at: Central West Specialized Developmental Services
53 Bond Street, Oakville, Ontario L6K 1L8

Information Session Dates: Unavailable at this time due to Covid19. If you have returned the completed admissions application package a team member will contact you to invite you to an upcoming session when offered.

Please do not hesitate to call myself or a team member should you have any questions.

Thank you,

Christine Higenell

Manager Respite

(905)844-7864 ext 316

chigenell@cwsds.ca