



CWSDS Respite Program 53 Bond Street Oakville, ON L6K 1L8

MISSION STATEMENT

To provide non-emergency respite for the families and caregivers of persons with developmental disabilities. We endeavour to ensure that our guests have a safe, healthy and enjoyable stay.

ABOUT THE PROGRAM

The Respite Program is a two level home which is located at Central West Specialized Developmental Services in Oakville. We service Waterloo, Wellington, Dufferin, Peel and Halton Regions. Our Respite Program serves individuals ages five to senior who require a variety of supports from physical to behavioural supports. The Respite program is wheel chair accessible. Each individual has their own bedroom while visiting.

The Respite Program provides service up to 6 adults at a time for 12-14 day stays.

Adults, who have complex and challenging behaviours, will be scheduled by Respite to attend for 12-14 day stays to allow the facilitation of Behaviour Therapist observation, evidence based treatment plan development and implementation.

The goal of the program is to develop a clinical program which increases behaviours that are socially meaningful and to decrease challenging behaviours that affect learning and are harmful to others, the person, and/or the environment. The clinical program will be based on the principles of applied behaviour analysis (ABA) which is committed to teaching skills that are practical, effective and can generalize to other responses, people, or settings.

The Respite program is an overnight program available 360 days a year and is closed for a five days over the Christmas holiday.

The current cost of the program is \$80 per calendar day.

OUR STAFF

We have a qualified team who are certified in Pharmacology, Safe Management Behavioural Crisis training, First Aid and CPR. The staff have experience in supporting individuals with moderate to severe behavioural issues, physical disabilities with assistive devices, staff have training in G-tube feeding and seizure protocols. CWSDS does not have nurses or doctors available, nor are staff trained in advanced medical care.

Specifically, the Respite team has been expanded to include a Behaviour Therapist and Behaviour Therapist Assistant to develop evidence-based treatment plans in accordance with the requirements outlined in Ontario Regulation 299/10 Quality Assurance Measure (QAM).

Our current staffing levels are four staff on days, 4 staff on afternoons and one overnight staff.

ACTIVITIES

Our Respite Program is recreational based. The program offers Wi-Fi for use by individual at the program. We offer many different types of activities on the property (indoors and outdoors) as well in the community. There is an enclosed patio area for all to enjoy. Individuals accessing the program may also enjoy activities provided by C.W.S.D.S and The Family Association such as holiday themed dances, socials, BINGO, Zumba and much more.

Activities many include Arts & Crafts, baking, Snoezelen room, movies, walks, picnics, local parks, trampoline, swimming and much more. We have wheelchair vans available for outings into the community. Some examples of community outings have included trips to The Toronto Zoo, Ripley's Aquarium, African Lion Safari, Niagara Falls and The Butterfly Conservatory.

RESPITE PROGRAM ACCESS PROCESS

OVER 18: The Respite program no longer accepts adult applications for the program. The Respite Program receives Individuals information from Developmental Services Ontario (www.dsonario.ca) when space is available. When the request for Individuals looking for Respite is sent to DSO, individuals information packages are received from DSO based on the DSO's selection process. CWSDS is then provided families/individuals information and the family is contacted about interest in the program. The individual/family is then invited to an information session and tour of the program. The parent/guardian will be required to complete the C.W.S.D.S package and consents. Once all the forms are completed the staff will contact the parent/guardian to set up a first overnight visit. Upon successful completion of the first overnight, the manager will be in contact to provide a pre-scheduled visit dates. Adults are offered 12-14 day stays. For those participating that have complex and challenging behaviours, a Behaviour Support Plan will be put in place to further support.

Please contact your local Developmental Services Ontario office to complete an application for services.

Information is available on our website: www.cwsds.ca

Please do not hesitate to call myself or a team member should you have any questions.

Christine Higenell

Manager Respite

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