







# What to expect after getting a COVID-19 vaccine

# What should I do right after receiving the vaccine?

Wait for **15 minutes** after receiving the vaccine to ensure you are feeling well. During this time, do not operate a vehicle or other form of transportation.

You may be asked to wait for 30 minutes if there is a concern about a possible vaccine allergy.



# Tell clinic staff if you are feeling unwell or if any of these symptoms develop:



Hives (bumps on skin that are itchy)



Difficulty breathing



Swelling of your face, tongue or throat



**Dizziness** 

# What symptoms should I expect after vaccination?

#### On the arm where you got the vaccine:

Pain, redness, or swelling Note: Delayed pain, redness, and swelling can occur many days following vaccination. It is usually not serious and will clear up on its own.



#### Throughout the rest of your body:

- Fever
- Chills
- **Tiredness**
- Headache
- Muscle/joint pain

### When to call your doctor

Allergic reactions to the vaccine are rare. However, they may occur up to three days after receiving the vaccine. Contact your doctor if you develop any of the symptoms below. If your symptoms are severe, call 911.

- hives
- swelling of the face or mouth
- trouble breathing
- very pale colour and serious drowsiness
- high fever (over 40°C)
- convulsions or seizures
- other serious symptoms (for example, "pins and needles" or numbness)



## Things to remember after you receive the vaccine

Continue to follow public health measures to prevent the spread of COVID-19.



Cover your mouth and nose with a mask



Stay at least 2 metres (6 feet) away from others



Wash hands often



Self-isolate when sick



Cover coughs and sneezes with a tissue or sleeve



Get tested if you have symptoms



**After receiving your COVID-19 vaccine**, wait at least 28 days before getting any other vaccine (unless your doctor recommends it).

**Before receiving your COVID-19 vaccine**, wait at least 14 days after receiving any other vaccine.

# **Getting your second COVID-19 vaccine**



The timing between your first and second dose depends on which vaccine you received and direction from public health.

- Keep this handout AND your printed COVID-19
  Immunization receipt from the vaccination today in a safe place.
- Bring the COVID Immunization receipt with you for your second dose of vaccine.

#### **More Information**

For more information and updates, visit halton.ca/COVID19.





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