



# COVID-19 Family Visits Resource Package

## May 2021



# Overview

- ▶ **In this Family Visits Resource Package you will find the following:**
- ▶ Non-Essential Visitors Information
- ▶ Short –Term Outings or Absences
- ▶ Visitor Screening Tools
- ▶ Resources for COVID-19 Prevention Measures
- ▶ Non-essential visitor personal protective equipment requirements
- ▶ Contact Information

# NON-ESSENTIAL VISITORS

A non-essential visitor is generally a person who provides non-essential services, who may or may not be hired by the site or the resident and/or their substitute decision maker; and /or

- ▶ For social reasons (e.g., family members or friends)
- ▶ Non-essential visits **must** be scheduled in advance and are **permitted with limitations**
- ▶ Supervised only
- ▶ Physically distanced only
- ▶ Outdoor visits only
- ▶ Indoor visits suspended Non-essential
- ▶ All non-essential visitors must wear a surgical/procedure mask, eye protection (e.g., face shield, goggles) and gown at all times while the outdoor visit is taking place
- ▶ CWSDS will supply non-essential visitors with a surgical/procedure, face shield and gown as needed

# Short –Term Outings or Absences

**Short-Term Outings or Absences may include, for example, a medical appointment, school or work, given they are:**

- ▶ Authorized through screening for the activity and/or public health advice; or,
- ▶ Essential for medical purposes only and virtual care is not possible
- ▶ CWSDS will follow local school board direction regarding school attendance
- ▶ Organized recreational activities outside of the congregate care setting are **suspended**. This includes on-site day services or other group/public setting activities where social interaction is likely
- ▶ Off-site activities for physical/mental health that allow physical distancing are permitted (e.g., going for a walk) with CWSDS Staff only
- ▶ **All the people we support in congregate care are expected to stay in their setting as much as possible**



# Self Screening Tool

## ► Questions

### ► 1. Do you have one or more of the COVID-19 symptoms below?

- fever and/or chills
- cough or barking cough (croup)
- shortness of breath
- sore throat
- difficulty swallowing
- decrease or loss of smell or taste
- runny or stuffy/congested nose
- headache
- nausea/vomiting, diarrhea
- muscle aches
- extreme tiredness
- pink eye (for adults)
- stomach pain (for adults)
- falling down often (for older adults)



# Self Screening Tool Continued

- ▶ Has a doctor, health care provider, or public health unit told you that you should currently be isolating (staying at home)?
- ▶ Have you been identified as a “close contact” of someone who currently has COVID-19 in the last 14 days?
- ▶ Have you received a COVID Alert exposure notification on your cell phone in the last 14 days (and have not been tested or waiting for your result)?
- ▶ Have you or anyone you live with traveled outside of Canada in the last 14 days?
- ▶ Is anyone you live with currently experiencing any new COVID-19 symptoms and/or waiting for test results after experiencing symptoms?
- ▶ If you answer YES to any one of the questions above, **PLEASE DO NOT** enter this location AND contact either your health care provider or Telehealth Ontario (1-866-797-0000) to get advice or an assessment, including if you need a COVID-19 test

# COVID-19 Preventive Measures

## How to Wear a Mask

- ▶ Before putting on your mask, wash your hands with soap and water for at least 15 seconds or use alcohol-based hand sanitizer
- ▶ Secure the elastic loops of the mask around your ears. If your mask has strings, tie them securely behind your head
- ▶ Cover your mouth and nose with the mask and make sure there are no gaps between your face and the mask
- ▶ Do not touch the front of the mask while you wear it. Wash your hands with soap and water for at least 15 seconds or use alcohol-based hand sanitizer if you accidentally touch your mask



## How to Throw Away your Mask

- ▶ Do not touch the front of your mask to remove it
- ▶ Remove the elastic loops of the mask from around your ears or untie the strings from behind your head
- ▶ Hold only the loops or strings and place the mask in a garbage bin with a lid
- ▶ Wash your hands with soap and water for at least 15 seconds or use alcohol-based hand sanitizer after you have discarded your mask



# How to Wear a Mask/Shield

## How to Wear a Mask/Shield

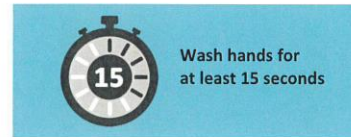
- ▶ Always remember to wash your hands before putting on your mask, after touching your mask, and after discarding your mask
- ▶ The mask and shield are to be donned when entering the facility/home and removed when leaving the facility/home
- ▶ CWSDS will supply a shield for essential visitors
- ▶ Donning of a shield should occur after a mask has been donned



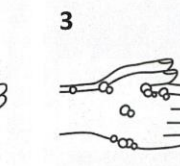
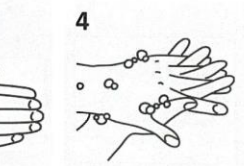
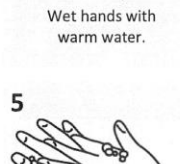
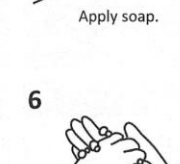
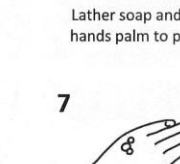
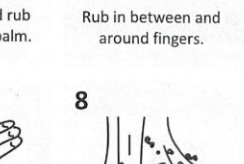
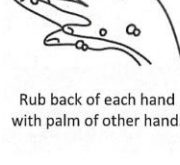
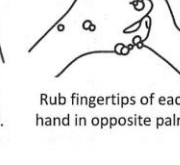
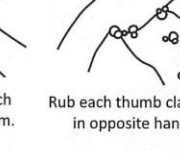


# How to Wash your Hands

Coronavirus Disease 2019 (COVID-19)

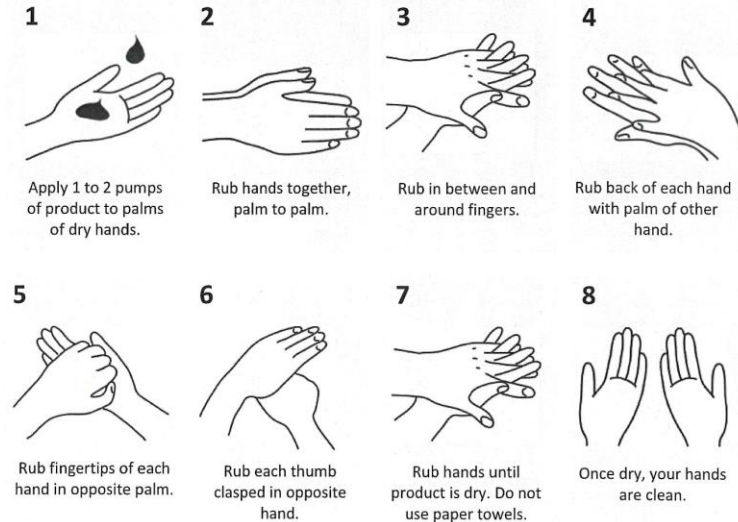
## How to wash your hands



- 1**  
  
Wet hands with warm water.
- 2**  
  
Apply soap.
- 3**  
  
Lather soap and rub hands palm to palm.
- 4**  
  
Rub in between and around fingers.
- 5**  
  
Rub back of each hand with palm of other hand.
- 6**  
  
Rub fingertips of each hand in opposite palm.
- 7**  
  
Rub each thumb clasped in opposite hand.
- 8**  
  
Rinse thoroughly under running water.
- 9**  
  
Pat hands dry with paper towel.
- 10**  
  
Turn off water using paper towel.
- 11**  
  
Your hands are now clean.

# How to Sanitize your Hands

## How to use hand sanitizer



### Sources:

Ontario Agency for Health Protection and Promotion (Public Health Ontario), Provincial Infectious Diseases Advisory Committee. Best practices for hand hygiene in all health care settings [Internet]. 4th ed. Toronto, ON: Queen's Printer for Ontario; 2014. Available from: <https://www.publichealthontario.ca/-/media/documents/bo-hand-hygiene.pdf?la=en>

The information in this document is current as of March 16, 2020.

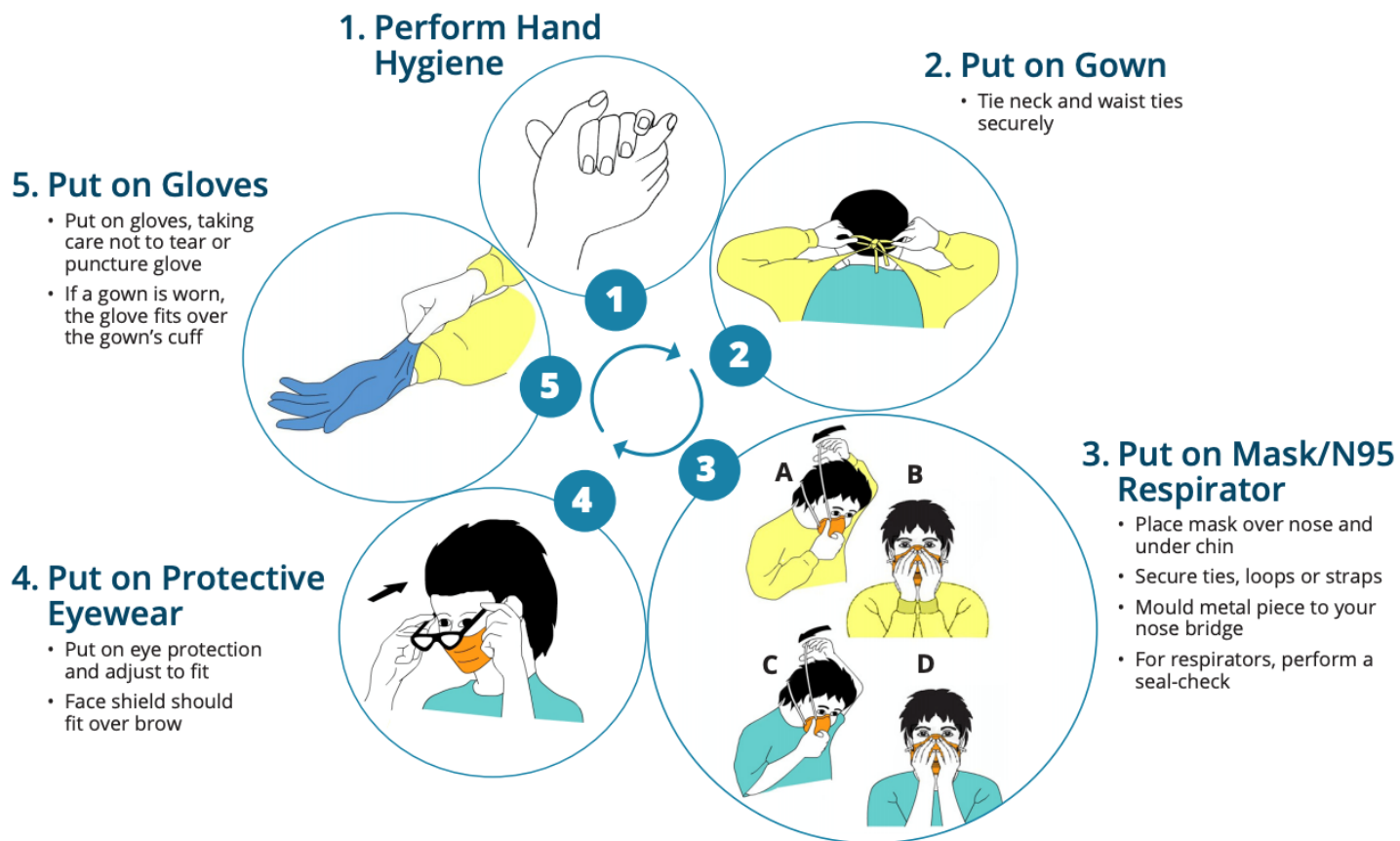
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# Putting on Personal Protective Equipment

## Recommended Steps:

### Putting On Personal Protective Equipment (PPE)



# Taking off Personal Protective Equipment

## Recommended Steps:

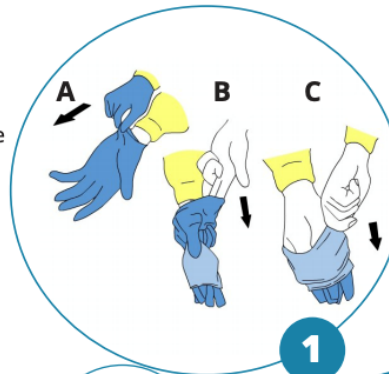
## Taking Off Personal Protective Equipment (PPE)

Public  
Health  
Ontario

Santé  
publique  
Ontario

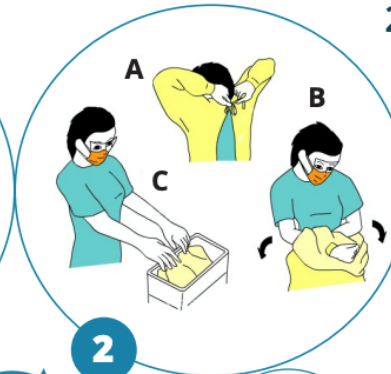
### 1. Remove Gloves

- Remove gloves using a glove-to-glove / skin-to-skin technique
- Grasp outside edge near the wrist and peel away, rolling the glove inside-out
- Reach under the second glove and peel away
- Discard immediately into waste receptacle



### 2. Remove Gown

- Remove gown in a manner that prevents contamination of clothing or skin
- Starting with waist ties, then neck ties, pull the gown forward from the neck ties and roll it so that the contaminated outside of the gown is to the inside. Roll off the arms into a bundle, then discarded immediately in a manner that minimizes air disturbance.

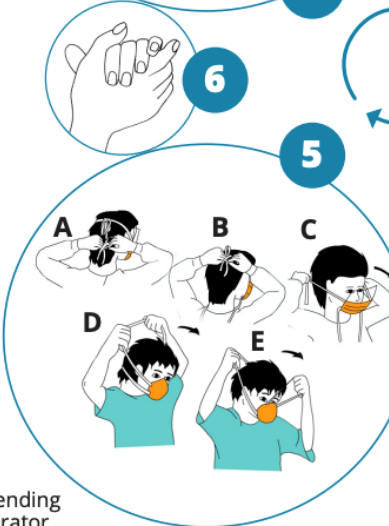


### 6. Perform Hand Hygiene



### 5. Remove Mask/ N95 Respirator

- Ties/ear loops/straps are considered 'clean' and may be touched with hands
- The front of the mask/respirator is considered to be contaminated
- Untie bottom tie then top tie, or grasp straps or ear loops
- Pull forward off the head, bending forward to allow mask/respirator to fall away from the face
- Discard immediately into waste receptacle



### 3. Perform Hand Hygiene



### 4. Remove Eye Protection

- Arms of goggles and headband of face shields are considered to be 'clean' and may be touched with the hands
- The front of goggles/face shield is considered to be contaminated
- Remove eye protection by handling ear loops, sides or back only
- Discard into waste receptacle or into appropriate container to be sent for reprocessing
- Personally-owned eyewear may be cleaned by the individual after each use



# Contact Us

- ▶ Should you have any questions, comments or concerns in regards to family visits, we invite you to contact us directly
- ▶ Terri Britton-Kennedy, Director of Services
  - ▶ 905-844-7864 ext 224 [tbk@cwsds.ca](mailto:tbk@cwsds.ca)
- ▶ Dede Batson, Area Manager – House 6, Gallagher, Star Lane, Grand Blvd, Dorset, Pineview, Halton Hills, Hillside
  - ▶ 905-580-1481 [dbatson@cwsds.ca](mailto:dbatson@cwsds.ca)
- ▶ Joanne McCallum, Area Manager – Central Manor, West Village, STATE, Tribecca
  - ▶ 905-580-5398 [jmccallum@cwsds.ca](mailto:jmccallum@cwsds.ca)